ADDSOR

MY STORY

English in Action

Use the English you already have to tell something real about you.

TODAY'S IDEA

You do not need perfect English. You need your English.
Listen • Connect • Speak • Enjoy

Meet Sarah

First, listen. Don't try to understand every word. Follow Sarah's story.

SARAH'S STORY

Hi! I'm Sarah.

I grew up in a small town with my parents and my two brothers.

And when I say "small town," I mean really small. Everybody knew everybody. Sometimes I think people knew what I was doing before I did!

When I was younger, I was very shy. I didn't like speaking in front of people at all.

If a teacher said, "Sarah, can you come to the front of the class?" Suddenly… I was very interested in looking at the floor. Very interesting floor!

I also used to spend a lot of time with my family. My brothers and I were always together. We played, we argued, we laughed… and then we argued again. You know… normal family life.

A few years ago, I moved to a new city for work. That was a big change for me.

I was excited, but honestly, at first, it was difficult. I didn't know many people. I didn't know the city very well. And for the first few weeks, my GPS was basically my best friend. I talked to it more than I talked to real people!

But little by little, things started to change. I met new people. I made some really good friends. I started feeling more comfortable.

And I discovered that maybe… I wasn't as shy as I thought.

Now, my life is very different. I'm more confident. I enjoy meeting new people. And these days, I'm learning English.

English and I have an interesting relationship.

Some days I think, "Wow! My English is getting really good!"

And then someone speaks very fast and…

"Excuse me?"

But that's okay. I'm learning. I don't need to understand everything. I just want to keep speaking and getting better.

One of my goals is to speak English comfortably at work and when I travel.

I want to have conversations without thinking about every single word before I say it.

And maybe one day, someone will speak really fast to me… and I won't have to say, "Excuse me?"

Well… maybe just once.

So, that's a little bit about where I come from, where I am now, and where I want to go.

What about you?

What's your story?

Story Builders

YOUR STORY	USEFUL ENGLISH
PAST	I grew up in… When I was younger… I used to…
CHANGE	A few years ago… One thing that changed was… At first…
NOW	Now I… These days…
FUTURE	I want to… My goal is…

You don't need all of them. Choose what helps YOUR story.

My Story — 60 Seconds

1 • WHERE I COME FROM

I grew up in…
Keywords: _____

2 • WHERE I AM NOW

Now I…
Keywords: _____

3 • WHERE I WANT TO GO

My goal is…
Keywords: _____

REMEMBER

KEYWORDS ONLY — not a script.
Don't memorize your story.
Don't translate everything.
Your English only needs to carry your idea.

Before We Meet Again

About 5 minutes. Think about these ideas before we meet again:

• One everyday situation where you use English:

_____

• One situation where English feels difficult:

_____

• One thing you wish you could say more naturally:

_____

HOW TO PREPARE

Write a few keywords only. Don't prepare full sentences. Don't memorize. Avoid using a translator unless you really need one.

Come with your ideas. We'll build the English together.